



# Free WORKSHOP

Learn about diabetes, healthy eating,  
and pick up a diabetes friendly meal kit



**JUNE  
7TH**

*Presented By*



**Cigna.**



**10:30  
AM**



**6813 HOBSON  
VALLEY DR  
#103  
WOODRIDGE**

**OR JOIN VIA ZOOM**

*RSVP to Kristin by June 6th  
at 630-948-8136*

